# Instruction Manual

# **RL 120 / SL**



Enjoy mobility.



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#### 1. Introduction

Dear user,

By purchasing a B+B rollator, RL 120 you are now the owner of a topquality German product that is setting new standards in terms of its variability. This instruction manual is intended to help you become more familiar with the operation and use of the rollator.

Please read and follow the instruction manual carefully before using your new rollator for the first time. The instruction manual is an integral and necessary component of the product. Keep the instruction manual where you can refer to it, and if you transfer the rollator to another user, please provide the manual to the new owner.

For visually impaired users, this document is available as a PDF file at our website www.bischoff-bischoff.com.

Any repairs and adjustments require special technical training and may therefore only be carried out by authorized B+B dealers.

# 1.1. Signs and symbols



Important! This is especially useful information on a given subject.



Warning! These are especially safety-relevant instructions. Follow the directions in the manual!

# 2. Important safety Instructions

# 2.1. General safety instructions

- Max. load of RL -120 / SL: 120kg!
- Pinch risk! Be careful when folding up and unfolding the rollator.
   Make sure that clothing and body parts are not pinched between the folding parts of the rollator.
- Observe the minimum insertion depth of the handholds.
- Each brake affects only one wheel.
- The basket can carry a weight of max. 5 kg.
- Do not use aggressive or caustic detergents to clean the rollator!
- Check that the rollator is fully intact each time before using it.
   Check that the brake is working.
- Have your mobility dealer check the brakes every six months!
- The surfaces of the rollator can heat up when exposed to direct sunlight. There is a risk of injury.

## 2.2. Indications / Contraindications

- The rollator supports mobility-impaired users to walk, e.g. at home, for shopping or walking outdoors.
- The seat allows the user to rest during longer periods of use.
- Only use the rollator on a level and firm surface.
- The rollator may not be used as an aid for climbing or for transportation of heavy loads.

# 2.3. Purpose

The rollator is intended to support mobility of persons with an impaired ability to walk, in accordance with the above-mentioned indications.

#### Please note:

We are only able to issue a guarantee if the product is used in accordance with the specified conditions and for the specified purpose.

# 2.4. Declaration of conformity

B+B, as manufacturer and solely responsible party, hereby declares that the rollator RL-120 / SL complies with the requirements of the EC Directive 93/42.

# 2.5. Resposibility

We are only able to provide a warranty if the product is used in accordance with the specified conditions and for the intended purposes. If modifications, repairs or maintenance works are made, please make sure only authorised persons perform these works in accordance to the instructions of B+B.

#### 2.6. Service life

If used as intended, and the safety, care and maintenance instructions are observed, the expected service life is up to 5 years. Beyond this time the rollator can be used continuously, provided it is in a safe condition.

# 3. Description of product and contents

# 3.1. Inspection on delivery

All B+B rollators are subject to a proper final inspection in our house and receive the CE mark.

The rollator is supplied in a special box. After unpacking please save the box if possible. You may need it later for storage or to return the product.

Assembly, adjustment to your body size and first instructions are taken care of by your qualified mobility dealer.

If delivered by rail or a forwarding agent, the product is to be checked with regard to transportation damage at once in the presence of the shipper.

Check the contents for completeness and make sure nothing is damaged. Should you find any irregularities or damage, please contact our customer service (Tel.: +49 700 6000 7070).

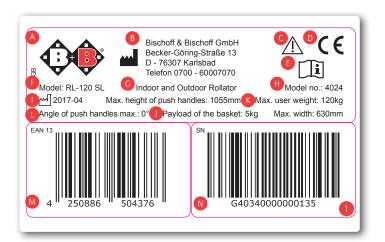
# 3.2.Contents

After receiving the goods, please check the contents for completeness right away. The content consists of:

- Outer package
- Rollator pre-assembled
- Instruction manual
- Basket
- Tray

# 3.3. Type plate and serial number

The type plate (Fig. 1) and serial number are located on the bottom of the frame.

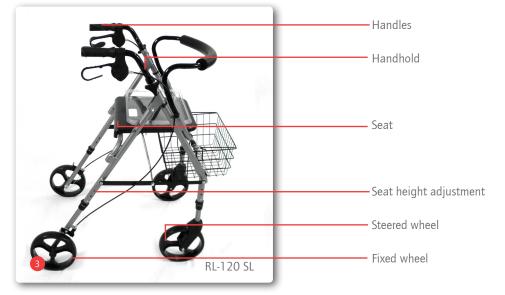


- A Manufacturer's logo
- Manufacturer's information
- Caution! Follow instructions for use
- CE mark
- Important! Follow instructions for use
- Model designation
- **G** Application class
- Model number
- Date of manufacture
- Carrying capacity of the basket
- Maximum load capacity
- Required dimensions
- M EAN 13 item number
- N Serial number

# 3.4.Summary

Product overview RL-120 / SL (Fig. 2):











# 4. Assembly/adjustments

# 4.1. Attach wheels and adjust seat height

- The movable steered wheels are inserted at the front. To do this, press in the pushbuttons and push the tube into the frame. The pushbuttons click into place in the holes located on the sides.
- The fixed wheels are attached at the back in the same way as the front wheels. (Fig 4)
- You can adjust the height of the rollator and the seat height via the holes
- The holes, which run from front to back, are used for the additional securing sleeves. These are placed through both tubes and closed by pressing on the rear of the sleeve ring. (Fig. 5).

# 4.2.Unfolding

- Position the rollator in the travel direction.
- Release the locking brakes (see sec. 4.7).
- Tip the B+B rollator towards yourself until the load is taken off the steered wheels and press the handles downwards at the same time with a gentle jolt.
- To lock the folding mechanism, now fold the seat plate tight to your seat (Fig. 6). You can hear this click into place.
- This means the rollator is locked into position.

# 4.3.Folding

- Position the rollator in the travel direction.
- Activate the locking brakes.
- Hold the rollator firmly with one hand on the handle.
- Now grasp the slot in the seat plate provided for this purpose and pull the locking lever on the left upwards with the plate. You can hear it click out of place (Fig. 7). Ensure that neither body parts nor articles of clothing get jammed during the folding process.

# 4.4.Attach basket and tray

- The rollator is unfolded. Activate the locking brakes.
- Position yourself against the travel direction in front of the rollator.
- The basket can be hung on the hooks on the left and right of the rollator (Fig. 8) and sits on the frame.
- To remove the basket, simply grasp the carrying handle and pull it up and off.
- Place the tray onto the seat from above in such a way that the four plastic pins of the tray fit into the holes of the seat (Fig. 9).

# 4.5. Fitting the backrest

 The upholstered backrest is inserted into the frame on the handlebars. To do this, hold the lateral pushbuttons pressed in (Fig. 10). When you hear the pins click into place, the backrest has been correctly fitted.















# 4.6. Adjusting the push handles

- The rollator is unfolded. Activate the locking brakes.
- Turn the plastic screws on the handholds until the handles move freely (Fig. 11).
- Position yourself behind the B+B rollator and allow your arms to hang loosely downwards.
- Now adjust the push handles so that they are located at the height of your wrists. Select the nearest hole in the push tube.
- Retighten the plastic screws after the adjustment procedure.

  Observe the minimum insertion depth.
- Repeat this procedure on the other side.
- Check to make sure that both the push handles are at the same height.

# 4.7.Adjusting / activating the brakes

#### Service brake

To activate the service brake, pull both handbrake levers on the push handles upward (Fig. 12). Service and locking brake act on the fixed wheels.

#### Locking brake

- Press down on both brake levers to activate the locking device (Fig. 13).
- To release the locking brake pull both brake levers back into middle position.

# Adjusting the brakes

We recommend adjusting the brakes together with your mobility dealer. If you have the necessary technical knowledge, you can do this yourself as well.

The brake is set properly, if the brake pins do not touch the wheel and the locking brake can be activated easily.

- Loosen the locknut (Fig. 14, arrow) at the top of the brake handle, so the adjustment nut can turn.
- Now turn the wide adjustment nut further inwards or outwards to increase or decrease the braking effect.
- Retighten the locknut.
- Repeat the procedure on the other brake if necessary.
- Further settings can also be carried out on the locknut at the bottom of the fixed wheels (Fig 15).

# 4.8. Wheels and tyres

Your rollator is equipped with flat-proof PU wheels 200 x 50 mm.

#### 5. Use

#### Walking

Make your first attempts to walk with the rollator on a flat, firm surface. Familiarise yourself with the function of the brakes. Let someone accompany you during this initial period.

For an anatomically correct gait, the push handles must be set at proper height (see sec. 4.6).

- Place yourself in the rollator so that your ankles are at the height of the rear wheels.
- Stand with good posture.
- Grasp the push handles with both hands and your arms bent at a slight angle.

When walking with the rollator try to stay as close as possible with the body to the push handles. This increases the stability and safety against tipping over; in addition, avoid a crooked back. Try to generally walk in the rollator and not behind it. Take small steps and do not push the rollator too far ahead.

You can determine the change of direction and speed by pushing





the rollator. Always use the brakes to slow down your movement. The rollator could otherwise turn with the unbraked wheel and the braked wheel, and could fall over.

Go around obstacles whenever possible. Try to use ramps or take lifts. If this is not possible, the rollator must be carried over the obstacle. Find a second person to help you do this, if possible.

#### The seat

The rollator is also designed to be used as a seat by the user for short breaks. It is therefore equipped with a seating area. You must absolutely activate the locking brakes before sitting down. The rollator could roll away and you could fall.

#### Lifting points

You can lift the rollator on the grips or frame sections, in order to carry it over obstacles or steps.

## 6. Technical data

#### **Dimensions and weights**

Type: Rollator Colour: Silver

Model: 4021\* / 4024\*\*
Height (push handle height): max. 925 mm\*
max. 1055 mm\*\*

Length: 670 mm\*

670 mm\*

Folded: 300 mm Width: 620 mm\*

630 mm\*\*

Width between handles: 455 mm

Width of handles: 30 mm (support surface 50 mm)

Angle of push handles max.:  $0^{\circ}$ 

Seat height: 510 mm\*

590, 615, 640 mm\*\*

Seat width: 355 mm
Effective seat width: 440 mm
Turning radius: 1240 mm

Weight: 7,4 kg including basket and tray\*

7,7 kg including basket and tray\*\*

Max. load: 120 kg Max. load of bag: 5 kg

**Tyres** 

Rear wheels: 200 x 35 mm Steered wheels: 200 x 35 mm

Material

Frame: steel, corrosion-resistant coating

Handles: TPR Seat: ABS

Flammability: flame-retardant

**Operating conditions** 

Temperature: 0 to 35°C
Air humidity: 20 to 80%

**Storage conditions** 

Temperature:  $-20 \text{ to } + 60^{\circ}\text{C}$ Air humidity: 45 to 80%

• Including basket, tray and cane holder

• Anatomically shaped handles

• Combined operating and locking brake

• Stable steel design, corrosion-resistant coating

Non-rotating handholds

Standard equipment for:\*RL-120 / \*\*RL-120 SL

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## 7. Maintenance tips for users

# 7.1. Cleaning and disinfection

- The frame and the paneling of the wheelchair can be cleaned with a moist cloth. You can use a mild detergent for more stubborn dirt.
- The wheels can be cleaned with a wet synthetic fiber brush (do not use a wire brush!)
- Push handles, arm pads and seat pads can be washed off. Use a mild detergent.
- Use a disinfectant listed by VAH for disinfection.

# 7.2. Rollator check by the user

# 7.2.1. Brake Inspection

Make sure your brakes are operating properly before each use.

It should not be possible to push the rollator away while the brakes are activated.

The rollator should be easy to drive without grinding noises and with good direction stability when the brakes are released.

If you notice unusual behaviour when braking, inform your qualified mobility dealer immediately and do not use the rollator.

# 7.2.2. Checking the tyres

Check whether the tyres are intact every time before driving.

If the tyre is damaged, it must be repaired by an authorised deale

# 8. Maintenance tips for retailers

We recommend that the brakes of the rollator be inspected by the mobility dealer every six months.

If faults or defects at the rollator are found, it must be returned to the dealer for repair immediately.

The dealer can receive the required information and documentation for repair and service on request. A training program is also available for dealers.

B+B customer service is available at +49 (0)700/60007070.



The rollator must be inspected in accordance to the service plan and must be in good condition.

# 9. Storage/shipping

If the rollator is to be stored or shipped, it is advisable to retain the original packaging.

Your rollator will have an optimum protection against environmental influences during storage and transport.

# **10.** Transfering the rollator

The rollator RL-120 is suitable for re-use. For further use, the rollator must first be thoroughly cleaned and disinfected in accordance with the attached care and maintenance instructions. Subsequently the product has to be inspected to establish its general condition and any wear or damage by an authorised dealer and repaired if necessary.

Please also observe the B+B care, warranty, hygiene and maintenance instructions. Your qualified mobility dealer will be happy to provide these to you.

# 11. Disposal

If the rollator is no longer used and you wish to dispose it, please contact your dealer.



If you wish to dispose the rollator yourself, please contact a local recycling company for the disposal regulations of your local jurisdiction.

# 12. Warranty

The warranty covers all defects of the rollator that are demonstrably due to material or manufacturing defects.

Any claim must be accompanied by the completely filled-out warranty certificate.



Warning! Non-observance of the instruction manual, improper maintenance and in particular any technical changes and supplements (added fittings) without the approval of B+B will generally lead to forfeiture of warranty and product liability claims.

Our products come with a statutory guarantee of 2 years. For replacement devices and repairs, a warranty period of 1 year applies.

Please also observe the B+B care, warranty, hygiene and maintenance instructions. Your qualified mobility dealer will be happy to provide these to you.

# Warranty-Certificate Product: RL-120 / SL Serial number:\* \*(to be filled in by authorized dealer) Dealer: Date and stamp (Please note our general business terms and conditions)

\*The serial number is located on the side frame.

Notes		

No liability is accepted for printing errors, product and colour modifications, or changes to technical specifications. The colours of the product shown may vary slightly.

Notes		

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